

January 2016

North Curl Curl Chatter

Official Newsletter of the
North Curl Curl Surf Life Saving Surf Club

Welcome to New Year !!

Hi all, I trust you all had a great Christmas. May I wish all members and their families a healthy and happy 2016.

It was indeed sad news we received over the festive season with the passing of Life Member, Bill Eady. Bill had been a tireless worker for the Club helping to raise tens of thousands of dollars through his efforts in the Club Canteen and catering activities. Apologies Bill for using your large wok to prepare a mortar mix to repair lifting/ broken tiles in the men's toilets many years ago. Our thoughts are with Patsy, Robert, Christine, Bronwyn and families.

A lot has happened since our last issue and I am sure a lot of you do keep informed via the Club's Facebook page but for those who may have missed some of the highlights, here are a few.

December 28 saw a merry band of members and guests compete in a Club (Todd Sample) organised Golf Day – it was a great day and although I don't have final numbers to relay, I understand a number close to the \$10k mark is expected – well done Todd. I know a number of starters thought the "black" beer helped to make the day!

Christmas Eve saw Stage 2 of our current member's facilities improvements reach completion with just a few minor items to be finalised early in the New Year. The end result is a befitting benefit for our members and a sincere thank you to all those that have assisted over the past three decades with sound management and saving to enable the realisation of these long overdue facilities. Of course, none of it would have been possible without the State Government funded Surf Club Facilities Grant program and we are most grateful for that assistance.

Sunday the 20th – a quiet day at NCC? Over the Hill (DYSLSC v NCCSLSC) Nippers; Club Photo, Kerry Broomham Shield, Christmas Bottles. Phew, lucky Monday was a work day!

Mid December saw five of our young members represent NCC as part of the Branch team in the NSW Interstate Championships. Sophie McGovern, Mitchell Stuart, Isaac Crews, Jamie Prowse and Emma Brogden were all part of the successful team that retained the Championship. The team was Captained by Collaroy representative and NCC member Michael Kember.

Mid December also saw our first squad of Bronze Medallion candidates pass their assessments. Well done people and congratulations and once again a big thank you to our trainers.

Then there was the beginning of December – our 3 Points Challenge. What a brilliant day and spectacle. Well done to Louis Tassone for another tremendous effort to once again make this day the success that it was. The day is a great day for all members to pull together and this year was no exception. Well done and thank you to all those who assisted.

Sunday 29th November all of this season's SRC Candidates sat their assessment and were all deemed competent. Congratulations to all and special thanks to Michelle McNamara for once again training these "new lifesavers".

Thank you to all our patrolling members for your efforts to date. We are just about at the half way mark of the patrolling season. I trust the reduced number of patrols again this season is making your great contribution to the community a little easier. It might go without saying but I will anyway – without you on the beach there is no NCCSLSC. Keep up the good work.

Don't forget meals are being served for members and guests on a Friday and Sunday evening. A great meal for a great price. Andy and Sasha are doing a great job and the Club is indeed lucky to have secured their services.

Just a reminder to all Members that we are indeed most fortunate to be receiving excellent support from our strong group of sponsors. I strongly encourage you to take note of the various sponsors identified within the "Chatter" and support them whenever you get the opportunity.

Thanks for your support.

Stuart Wye
Club President



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Inside this issue:

SLSA National Leadership College for Club Director	2
Interbranch Title Retained	2
The Wiz Report	3
3 Points Challenge Success	5
Ironman's Ironman	5
NZ Touring Party	6

Club Director Attending SLSA National Leadership College

David Vinson, our current Director of Education, is one of a small number of successful candidates chosen to attend the upcoming SLSA National Leadership College. The college provides an exciting opportunity for young people within the surf life saving movement to further develop their leadership skills and continue to positively contribute to the success of SLS.

The college is designed to challenge, inspire, motivate and empower young people through an interactive, dynamic and innovative environment. As well as learning new skills and creating opportunities for personal growth, the college will open up new networks with other likeminded passionate members across the country, who also are committed to making a difference within the movement.

The National Leadership College 2015 will be held 8 February – 13 February 2016 at St Pauls College, University of Sydney, Sydney. We wish David all the best on this exciting endeavour, and look forward to utilising his new found skills and broadened network upon his return to the club.



David Vinson will be attending the SLSA National Leadership College



North Curl Competitors Help Retain Interbranch Title



Sophie McGovern, Mitchell Stuart, Jami Prowse, Isaac Crews (L to R)

North Curl Curl SLSC proved a total of 5 competitors for the Sydney Northern Beaches team that was selected for the Interbranch Championships, held in mid December at Cape

Hawke. Emma Brogden, Isaac Crews, Mitchell Stuart, Jami Prowse and Sophie McGovern earned their selection based on last year’s performances as well as their early season form this year, placing them in competition with the best surf sports competitors in the state. And the team was captained by North Curl Curl patrolling member Michael Kember.

There was some concern that this year’s team may have lacked the experience of the past, but that fear was soon dispelled on the first day of the weekend’s competition, when Sydney Northern Beaches finished day one some 70 points ahead of their nearest rivals, the strong Sydney branch.

By the end of competition on Sunday, Sydney Northern Beaches had retained their title, and our North Curl Curl representatives we all smiles as they received their gold medals, knowing they had contributed to yet another successful campaign for the local team. .

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The Wiz Report

North Curl Curl S.L.S.C. commences the 2016 calendar year with 192 rostered patrol members (121 males and 71 females) comprising 150 Bronze Medallion holders and 42 Surf Rescue Certificate personnel.

On a positive note, seven successful male candidates from the recent Bronze Medallion squad have joined our club's patrol ranks and five successful female candidates from the same Bronze Medallion squad have converted from Surf Rescue Certificate to Bronze Medallion status.

However, from a negative point of view, I had the most unenviable task of advising six Bronze Medallion patrol members who had not completed their Bronze Medallion proficiencies by the 31st December, 2015 that their services were no longer required.

This is the first time in 14 years in the role that I have had to turn away "volunteer" patrolling members and these are the types of most distasteful duties that make me look forward to his "retirement" next August.

Hopefully, there will be several more successful Bronze Medallion candidates from the February to April Bronze Medallion squad to enable our surf club to pass the two hundred rostered patrol members mark and in doing so "top up" the few patrols that are a bit low on Bronze Medallion numbers.

I am very keen to ensure that our club's Surf Rescue Certificate patrolling members are actively engaged whilst on patrol and that retention of these SRC patrol members is maintained.

As a result he has been doing quite a bit of in-servicing with them, particularly with respect to the equipment that needs to be on the beach, patrol radio usage and the encouraging of as many of them as possible to constantly "upskill" on our club's fibreglass surf rescue boards.

I am also encouraging the patrol captains to give the SRCs as much variety of surf life saving activities as possible in the designated four hourly patrol sessions. Where possible this includes the assigning of set tasks or simple areas of responsibility to them, thereby endeavouring to minimize and even eliminate completely those periods where they just sit around in passive mode.

Any further ideas from our club's Board Members on how to further more actively engage both our Surf Rescue Certificate



and younger Bronze Medallion patrolling members whilst on rostered patrol duty would be most gratefully appreciated.

Club proficiencies are now completed and I would like to thank assessors Clare Hagon, Steve Atkins, Ray Merton and Phil Godbee for facilitating this whole process.

However, the chasing of patrol members to be both financial and proficient has been most difficult and extremely time consuming. I hope hopes that surely there could be some "recipe" in place to force some patrol members to be more pro-active themselves in future seasons.

The new IRB hull and motor from Thundercat Inflatable are due to arrive this month.

This will mean that our surf club will have three operable IRB hulls and four operable IRB motors with the IRB motor rotation plan in place for the purchase of another new motor next year.

The new All Terrain Vehicle is running very well and appears to be well looked after by our surf club's sixteen patrol teams. Indeed, the ATV log book that is being kept for all morning and afternoon patrol teams indicates that this vehicle is being correctly maintained, with tyres and fuel being diligently checked by the morning patrol teams and the thorough washing down and spraying of the metal parts with "Inox" rust inhibitor being done by the afternoon patrol teams. This will ensure we get as long a life as possible out of this expensive equipment.

Alex Wye
Director Surf Life Saving



Bronze Squad Starting in February

Our next intake of participants for Bronze Medallion training will be kicking off on Sunday February 7th. If you know anyone that is keen to take part in this training and become a qualified and proficient surf life saver, get them to contact us at education@nccslsc.com.au



Curly's Calendar

- > Sun Jan 10th
Nippers Resumes for 2016
- > Sat Jan 16th
Queenscliff Open Carnival
- > Sun Jan 17th
Narrabeen Nippers Carnival
- > Sat Jan 23rd
Manly Open Carnival including Boat Carnival
- > Sun Jan 24th
Freshwater Australia Day Carnival
- > Monday Jan 25th
Manly Nipper NATS Carnival
- > Tue Jan 26th
Freshwater Australia Day Boat Carnival
- > Sat Feb 6th
Senior First Aid Course—contact David Vinson for details at education@nccslsc.com.au
- > Sun Feb 7th
New Bronze Squad starts training
- > For all the latest event details, visit the club Website

3 Points Challenge Success

Sunny skies and a good surf conditions were the call when the club held this year's 3 Points Challenge & Ocean Swim , once again on the first Saturday in December. This augured well for the 500 plus entrants that visited the beach to take part in our biggest event of the year.

The Ocean Swim went off without a hitch, but saw a smaller than normal number of entrants. This has been the norm this season, with an estimated drop of some 21% of participants in Ocean Swims this season of past years across the Sydney swim circuit. Many question are being asked as to the cause of this drop—is it the fact that there are so many events these days, with an Ocean Swim available almost every weekend. Or is it the recent increased number of incidents involving sharks, albeit not on the northern beaches. Some spectators were overhead mentioning the S word as a reason for them not donning the swimmers this year, so it is not out of the question that this has impacted the desire of some punters taking to the ocean.

The 3 Points Challenge lived up to it's growing legend as being a unique and tough event. Just as the Elite competitors were to take to the water, some ever changing conditions at South Curl Curl required a delay to the start as the course was changed. Despite this action, the conditions continued to deteriorate during the race, forcing a mid-race course change, which is something we will need to look at closely for future races.

Despite this, the event was a great success, with the 400 competitors taking on the event with great vigor and determination, not only by the elite competitors, but also the weekend warriors, some of whom clearly underestimated the amount of energy and stamina required to complete the event.

As always, we had a fantastic crew made up of over 160 club members that helped make the day such a success. Their effort and support is invaluable.

A huge thank-you must go to our main sponsor, **Vivid Property Services**, whose support makes the event possible. They have been our main event sponsors for the past 3 years, and they have agreed to an extension of another 3 years of support, which is a great contribution to our ongoing success.

We also must thank a number of supporters that helped us with many prizes on offer for place getters. **ZOGGS Australia, Engine Swimwear, Virgin Active, Maui Jim, Virgin Active, 2XU, Qoleum (The Goodness Emporium), Altitude Training, Fit4Dreams.** Also we have to call out the **Harbord Growers Market** who stepped in very late to supply all the fruit for the event. And also **Dial A Dump** that helped us with our rubbish disposal, and not to mention **Ken Sparks Carpet** for their help with our course layout, and **Speedgas** for providing us with transportation on the day. And on top of that we had many other local businesses support us also.

As a fund raiser for the club, despite the number of competitors being down we were still able to raise well over \$20,000 for the club. So we can most definitely say that this has been the biggest fund raiser for the club once again !! And we look forward to doing it all again next year, on Saturday December 3rd 2016 !!



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Ironman's Ironman or Whacky Races

What do you call an event that has the following components—

- You start by eating a dry Weetbix and then you need to whistle (any tune would do)
- Hold a beach flag above your head and spin around 10 times
- Race up a sand dune and answer a trivia question
- Crawl through a tunnel
- Spin a hoola hoop at least 5 times around your waste
- Paddle a board around a can (the only standard leg in the event)
- Shoot a basketball into a garbage bin
- Swallow down a can of SOLO drink

Event organisers Michael and Patricia Clues called it the Ironman's Ironman, but we think it was more like the Whacky Races.

The inaugural event was run for our Nippers, who each paid the privilege of not only taking part in this crazy race, but also getting pounded by water balloons thrown by the ever obliging spectators during the event.

Judging by the number of willing participants, and the fun had by all including the crowd, we can see this becoming an annual event.



2015 Event Supporters for the 3 Points Challenge & Ocean Swim



Touring Party Headed for New Zealand

In the second week of January this year, a small group of North Curly youngsters will be heading off on a 9 day journey to the land of the long white cloud as a touring party representing North Curl Curl SLSC.

The trip has been a long in the planning for Tony Williams, who has been trying to get this off the ground a number of times in the past. He has finally managed to pull the trip off after working with the Mt Manganui and Omanu Surf Clubs located in the Bay of Plenty area on the North Island of New Zealand.

The team will start off with a couple of days in Auckland for some site seeing before they board a bus and head to the Mount, where they will be hosted by the surf club.

There will be some training session held with both the Mt Manganui and Omanu clubs over the days, mixed in with some tourist and adventure time including a chance to visit the Waimarino Water Park, The Adrenalin Park and the volcanic activity of Rotorua.

The trip will be capped off with a 3 way carnival with Mt Manganui and Omanu Surf Clubs.

All in all it should be a fantastic experience for the youngsters and one that will no doubt forge a strong relationship between the 3 clubs.

Connect with your club at
nthcurlcurlslsc.com.au

Our Nipper Board Sponsors

